

Department of Applied Psychology

Faculty CV

Name	Ayesha Arooj
Designation	Lecturer
Education	<ul style="list-style-type: none">• MS Clinical Psychology, SZABIST 2023
Professional Experience	<ul style="list-style-type: none">• Lecturer NUML 2024 onwards• Research Assistant NUST 2023
Research Interests	<ul style="list-style-type: none">• Neurodevelopmental disorders (Autism, ADHD, ID, Learning Disorders).• Caregiver perspectives and family adaptation.• Early detection, diagnostic pathways, and interventions.
Publications/Conferences	Irfan, S., Arooj, A. and Khanum, S. (2025) 'Predictors of neurodevelopmental disorder (autism spectrum disorder, attention deficit hyperactive disorder, intellectual disability, and learning disorder) on intellectual and adaptive severity: A systematic review', <i>Sri Lanka Journal of Child Health</i> , 54(4), p. 342-351. Available at: https://doi.org/10.4038/sljch.v54i4.11142 .
Honors/Grants (if any)	Chancellor's Roll of Honor
Workshops/Trainings (if any)	Specialization in Abnormal Psychology ,Wesleyan University Learn Interpersonal therapy ,University of Toronto Systematic review and meta-analysis ,John Hopkins University